



# VICTORIOUS

Living

Newsletter of  
VICTORY OF FAITH CHRISTIAN CENTRE  
victoryoffaith.org

## Overcoming Hurts in life

PASTOR SEGUN IDOWU

Everyone was created by God with emotions and our emotions was created to serve us, not the other way around, in fact it the part of our soul that we have to understand and control. Because every sin for the believer emanates from our emotion and every hurtful pain is from our emotions

The potential for getting our feelings hurt is real and we will at some point experience hurt. It is not if but when, that is why we must understand how to deal with hurtful emotions by the word of God.

We must not confuse the source of hurts. It is from Satan not God. The bible says that He heals the broken hearted and binds up their wounds. Psalm 147:3 God is not author of hurts and only He can heal a broken heart. No doctor can! Many ideas that the world propagate to deal with emotional healing does not work. Only God's word can provide lasting healing to every hurt that the enemy inflicts on us in this life. God's will for us is to be healed and delivered from every negative emotion in life.

We must decide that we will obtain emotional healing form hurts form the word of God and nowhere else.

We must make decision to refuse to allow hurts to be our reason for living. Looking around you will see or hear stories of how individuals have allowed the hurts they experienced in the past or present to be their motivation for living and this had led them to a life of sorrow and agony. We cannot live a life of Joy with a broken spirit because when our spirits are wounded we will not be able to access God's blessings and release our faith to receive what God has made available for us. The spirit of a man will sustain him in sickness, but who can bear a broken spirit? Proverbs 18:14

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## Overcoming hurts in life contd

That is why we must deal with hurts immediately, we must use the believer's authority that we have over our feelings to stop hurts in its tracks, let go of emotional pain and move on with our lives.

We must stop using past hurts as our point of reference and let Christ be our point of reference because we are new creatures in Christ Jesus 2 Corinthians 5:17.

We must learn by the word of God to walk in love and dismiss what others have done to us instead of nursing and rehearsing it in our minds as we move into the great future God has for us.

**Faith of the winner**  
Broadcast

**Saturdays :7:00pm**

 **Segun Idowu**  
Victory of Faith Christian Centre

 **Victory of Faith Christian Centre**




# A HOME FOR EVERYONE

**Sundays :10:30am**

**Victory of Faith**  
Christian Centre  
HASWA HALL,  
Kilmartin way, Hornchurch RM12 5NB



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[victoryoffaith.org](http://victoryoffaith.org)

